

ABSTRACT

The invention relates to a device for damping movable furniture parts, comprising an actuation part which is held so that it can be moved to and fro corresponding to the movement of a furniture part; a damper; and a gear stage for translating the movements of the actuation part into movements of the damper. According to the invention, the gear stage contains an overrunning coupling which when the actuation part is moved in a first direction couples, and when the actuation part is moved in a second direction, which is opposite to the first direction, uncouples.